

18. ROELIE DOUW, a classically trained Dutch artist, captures the essence of the human spirit through her figurative oil paintings. Her strength lies in painting both suggestion and detail, allowing her to capture the complexity of human forms. By coupling spontaneity with realism, her work evokes a deep emotional resonance. Visit www.nocliedouwnl and follow @nocliedouw on Instagram.

19. SARAUI WEBB is a distinguished contemporary British artist who has portrayed a wide range of subjects but is best known for her dramatic landscapes, seascapes and portraiture. Webb's expressive oil paintings have been exhibited worldwide including London's National Portrait Gallery and the Queens Gallery. Based in Lincolnshire, Webb continues to paint and exhibit her work nationally & internationally. Website: www.srahwebbfineart.com; [nstagram and Facebook @sarahwebbfineart; Contact: agent@sarahwebbfinearton.]

20. JANNE BROWN is an artist and book illustrator from Swansea. Whilst she loves the vibrancy of acrylics, she prefers the flessibility of watercolours, often layering the paints to achieve her desired effects. Her diverse portfolio showcases a wide range of work which can be explored on her website at www.janibrown.art You can also flow her artistic journey on Insaggram

You can also follow her artistic journey on Instagram
@janine brown streetartist

21. LORI EXTREAU creates paintings and drawings by mixing many mediums and textures. She uses abstract forms as stand-ins for emotions, body parts, people or landscapes trying to interact but often alienated from each other. Visit loritatreau.com and follow (Boloritatreauxudio on Instagram.

22. LUCY MIM is a self-taught, abstract artist primarily working with acrylics on canvas. She draws inspiration from personal experiences and nature. Her paintings, recognised for their timeless

beauty, soft colours and innovative style, transform ordinary spaces into places of deep connection. Pictured is 'In Paris' (125 x 105 cm) from her latest solo exhibition, 'Almost June'. Visit www.lucymim.com and follow @lucy_mim_art on Instagram to discover more.

2.3. AN DES, a UAE-based contemporary artist, is known for her positive punk style. She has won international art competitions and exhibited globally. Her wood-based art features over 100 original hand-drawn symbols, blending digital and physical elements to address significant themes. Visit anades.art and follow @ana_des_on Instagram.

24. LEAH TORLY is a painter based in Australia. Leah experiments with appropriation art, recreating famous portrait paintings and making them her own. Leah subverts traditional art styles and techniques to blend them with her style, which is heavily influenced by impressionism and expressionism. Visit leahtorly.art and follow @leah_torly.art on Instagram.

25. LĪV OLSEN creates soulful art inspired by the beauty of nature. She paints organic forms with depth and lightness. Her art transforms spaces into beautiful homes, infusing them with a sense of tranquillity and wonder. To discover more visit www.studio-liv-olsen.com and follow @studiolivolsen on Instagram.

26. AIEJANDRA ABAD is a Swiss-Ecuadorian artist. For her, painting is a profound journey of self-expression and discovery. Drawing inspiration from music, dance, nature, and the rich tapestry of human experiences, her artworks resonate with intensity and emotion. Alejandra has showcased her artworks in New York, Barcelona, Milan, and Zurich. Find more on aleiandrart.com and follow @aleiandra.abad.art on Instagram.













A Picture Of Health

1. MEA. N.U is an elegant wellness and lifestyle brand that embodies mindful and intentional living and minimal aesthetic design. Their tuxe 3-year Gratitude Journal is designed with the aim to cultivate joy, reduce feelings of stress and enhance well-being through daily reflection. Start your journey to feeling happier and healthier today at waw.meanuice and follow (@meanuice on Instagram.

2. BLINGRE defines iconic couture ski suits that resemble glamour and a new level of elevated luxury without compromising performance and comfort. BLIANGRE designs accentuate your curves, animg to provide dynamic brilliance on-and-off the slopes. Be the icon this winter. Shop at Blancre.com or @blancre on Instagram.

3. NORTH MUSE, inspired by the North Node in astrology, earlts cystal-infused say candles and reed diffuses. This mystic home fragrance brand kindles inner magic with esoteric collections, carefully chosen seents, and cystals, aiming to promote well-being and helping to guide you toward low your spiritual connection. Chase Mage. Visit northmusecula world follow @northmuse

4. VOZMAX ACTIVEWEAR is a South African brand founded by Angelique de Klerk offering chic, comfortable, and supportive activeveae, designed for both high-intensity workouts and casual wear. With a focus on quality, they combine softness with compression, ensuring a flattering fit that feels as good as it looks. Discover their range at voZmaxactivewearcom and follow @voZmax_activewear on Instagram.
5. Made for and by hybrid athletes, IITSTRIDE specialise in performance sunglasses to help you unlock

5. Made for and by hybrid athletes, IDSTRIDE specialise in performance singlases to help you unlock your potential. By combining the quality and reliability of the top brands, with affordability that is accessible to all-there are no limits with them in your kit bag. Hysride - empowering every stride.

Visit www.hystride.com and follow @hystride on Instagram.

6. SCULPT ACTIVEWEAR create revolutionary gym and leisure wear for women that not only looks good but feels incredible. Their pieces boast unique features to ensure neither practicality nor style is compromised. Activewear for everyBODY with sizes UK 6-26. Find them online at sculptactivewearcom or @sculptactivewear on Instagram.

compounds.

7. MINDPIL ATUNEDA's Lit it be' is a multitasking eye cream designed to leave the delicate eye area nourished with moisture whilst looking brighter and rejuvenated. It helps to leave your skin feeling firmer with a youthful, radiant appearance. The all-in-one formulation contains natural ingredients like Pomegranate Cucumber, Green tea and Ceramides. Visit www.themindfuluyureda.com and follow (themindfuluyureda on Instagram.

8. BEGIN AGAIN blends are formulated by a Naturopath, for you. Their best-selling 6 Week Detox

8. BBGIN AGAIN blends are formulated by a Naturopath, for you. Their best-selling 6 Week Detox & Replenish dou aims to target the feeling of bloating, fatigue and painful periods. Better yet, you have Naturopath support as well. Find them on www.beginagain.com.au and follow @bybeginagain on Instagram.

on Instagram.

9. COSY LOVIDON creates premium, sustainable eye masks from Tencel Lyocell and organic bamboo cotton. Perfect for sleep, travel, and meditation, they gently cover eyes and ears for a soothing feel. Ethically made in East London, Cosy London supports local communities and pays the London Living Wage. Visit www.cosylondon.couk and follow @cosyldn on Instagram.

10. AGNES ATMLETICA redefines activewear with timeless designs, quality craftsmanship, and sustainability. Their minimalist, elegant pieces prioritise quality over trends, offering versatile activewear that seamlessly fits into your daily routine. They focus on comfort, sophistication, and individuality, providing a lifestyle that transitions effortlessly from workouts to daily activities. Visit www.agnesathletica.com and follow @agnesathletica.com Instagram.



















